

England Rugby Age Grade Rule Progressions

Age Group	Rules	Progressions
U7	Max numbers - 4 Max Pitch Size (m) - 20x12 Max mins per half - 10 Max mins per day - 50	Tag games only
U8	Max numbers - 6 Max Pitch Size (m) - 45x22 Max mins per half - 10 Max mins per day - 50	Tag games only
U9	Max numbers - 7 Max Pitch Size (m) - 60x30 Max mins per half - 15 Max mins per day - 60	Contact game starts Tackle including hold
U10	Max numbers - 8 Max Pitch Size (m) - 60x35 Max mins per half - 15 Max mins per day - 60	3 player uncontested scrum Ruck and maul (1 support player per team) Tackle not hold
U11	Max numbers - 9 Max Pitch Size (m) - 60x43 Max mins per half - 20 Max mins per day - 70	3 player scrum - strike, no push Ruck and maul 2 support players per team Kicking allowed – no fly-hack
U12	Max numbers - 12 Max Pitch Size (m) - 60x43 Max mins per half - 20 Max mins per day - 70	5 player scrum – strike, no push Ruck and maul - unlimited Fend-off below armpits

U13	<p>Max numbers - 13 (girls 12) Max Pitch Size (m) - 90x60 (girls 60x43) Max mins per half - 25 Max mins per day - 80</p>	<p>Boys 6 player scrum – strike and push Boys kicking - fly hack allowed Girls as for U11 but with 5 player scrum – strike, no push</p>
U14	<p>Max numbers - 15 Max Pitch Size (m) -100x70 Max mins per half - 25 Max mins per day - 80</p>	<p>8 player scrum Number 8 pick up and run Kicking at goal Uncontested lineout</p>
U15	<p>Max numbers - 15 Max Pitch Size (m) - 100x70 Max mins per half - 30 Max mins per day - 90</p>	<p>Boys & girls uncontested lineout – lift permitted</p>
U16	<p>Max numbers - 15 Max Pitch Size(m) - 100x70 Max mins per half - 35 Max mins per day - 90</p>	<p>Contested lineout - lift permitted</p>
U17	<p>Max numbers - 15 Max Pitch Size(m) - 100x70 Max mins per half - 35 Max mins per day - 90</p>	
U18	<p>Max numbers - 15 Max Pitch Size(m) - 100x70 Max mins per half - 35 Max mins per day - 90</p>	